



Help Fred Prevent Lyme Disease

How does Fred get Lyme?



- Lyme disease is caused by a germ that is carried by ticks.

Help Fred Identify the tick?



- The adult female deer tick has a reddish brown body.



- The adult male deer tick has a dark brown body and is smaller than the female deer tick.

How can a tick give Fred Lyme Disease?



- Ticks attach themselves to people when they walk through a grassy or wooded area.

Ways to help Fred Prevent Lyme Disease



- Wear long-sleeved, light colored shirts and long pants tucked into socks when hiking or walking in grassy areas.
- This helps to keep ticks off you and makes it easier to spot them.



- Check for ticks daily, especially behind your knees and around your hairline.



- Your pet can get Lyme disease too.
- Check your pet for ticks after it has been outside.
- Pets can wear tick collars or use other protective treatments.



- You and your parents can keep your yard safe.
- Keep grass cut short.
- Remove leaf litter and brush.